

The Journal of the American Medical Association (2003) reported the high likelihood that children born in the United States would be diagnosed with diabetes at some point in their lives. Two out of five girls and one in three boys have a chance of developing diabetes—increasing to one in two among Hispanic girls—costing the nation up to \$200 billion by 2030 according to the Yale School of Public Health. Nearly 10% of preschoolers ages 2-5 will be diagnosed as obese. Since 1994 to 2004, this diagnosis has increased more than 40 percent (*e.g. Centers for Disease Control and prevention. NHANES 1999-2000; JAMA 2004;291:2847-50*).

Childhood obesity continues to be an increasing threat in Santa Clara County region with over 20% of children and youth projected to be obese by 2010. Nearly 1 in 3 school children tested overweight in Santa Clara County and only 1 in four met fitness standards.