

East Side Union High School District

PROPOSED Board Policy 5030 Business and Non- Instructional Operations

Local School Wellness Policy

The Governing Board of East Side Union High School District (ESUHSD) recognizes the link between student health and academic achievement. Moreover, the Governing Board believes that an integrated and coordinated school health program will result in school environments that promote and protect children's health, well-being, and ability to learn.

(cf. BP 0000 - Vision)
(cf. BP 0200 - Goals for the School District)
(cf. BP 3513.3 - Tobacco-Free Schools)
(cf. BP 3514 - Environmental Safety)
(cf. BP 5131.6 - Alcohol and Other Drugs)
(cf. BP 5131.62 - Tobacco)
(cf. BP 5131.63 - Steroids)
(cf. BP 5141 - Health Care and Emergencies)
(cf. BP 5141.23 - Infectious Disease Prevention)
(cf. BP 5141.3 - Health Examinations)
(cf. BP 5141.31 - Immunizations)
(cf. BP 5141.32 - Health Screening for School Entry)
(cf. BP 5141.6 - Student Health and Social Services)
(cf. BP 5142 - Safety)
(cf. BP 5146 - Married/Pregnant/Parenting Students)
(cf. BP 6142.1 - Sexual Health and HIV/AIDS Prevention Education)
(cf. BP 6164.2 - Guidance/Counseling Services)

The East Side Union High School District (ESUHSD) Local School Wellness Policy is based on the eight-component model of coordinated school health as described in the *Health Framework for California, Kindergarten Through Grade Twelve* and Center for Disease Control and Prevention (CDC).

These components are:

- Health Education
- Physical Education
- Health Services
- Nutrition Services
- Psychological and Counseling Services
- A Safe and Healthy School Environment
- Health Promotion for Staff
- Family and Community Involvement

Representatives of the eight components of coordinated health shall develop the Board's policy related to student wellness. These include parents/guardians, school food service professionals, school administrators, members of the school board, school nurses, health and physical educators

and other teachers, health professionals, school counselors, school psychologists, counselors, and/or other community members interested in school health issues.

(cf. 1220 - Citizen Advisory Committees)

(cf. BP 9140 - Board Representatives)

References:

California Department of Education: www.cde.ca.gov/ls/he/cs/

Center for Disease Control and Prevention: www.cdc.gov/HealthyYouth/CSHP/

COMPONENT ONE: HEALTH EDUCATION

The ultimate goal of health education is to foster and promote health literacy. The four unifying ideas of health literacy as described in the *California Health Framework* are:

- Acceptance of personal responsibility for lifelong health
- Respect for and promotion of the health of others
- An understanding of the process of growth and development
- Informed use of health-related information, products, and services

GOALS

The district ensures that there is adequate and appropriate curriculum material available for all grade levels.

Schools provide health education that:

- is offered at each grade level as part of a sequential, comprehensive, standards-based program designed to provide students with the knowledge and skills necessary to promote and protect their health as described in the *California Health Framework*;
- is part of not only health education classes, but also classroom instruction, when possible, in subjects such as math, science, language arts, social sciences, and elective subjects;
- includes enjoyable, developmentally-appropriate, culturally-relevant, participatory activities, such as contests, promotions, taste testing, farm visits, and school gardens;
- promotes fruits, vegetables, whole grain products, low-fat and fat-free dairy products, healthy food preparation methods, and health-enhancing nutrition practices
- emphasizes caloric balance between food intake and energy expenditure (physical activity/exercise);
- links with school meal programs, other school foods, and nutrition-related community services;
- includes the importance of oral health;
- includes content on teen pregnancy prevention and sexually transmitted diseases;
- includes the influence of culture, media, technology, and other factors on decisions related to nutrition, physical activity, and lifestyle choices;
- explores the various food, agriculture, and nutrition-related careers as vocational options;
- includes training for teachers and staff when necessary.

(cf. BP 6010 - Goals and Objectives)

(cf. BP 6011 - Academic Standards)

(cf. BP 6143 - Courses of Study)

COMPONENT TWO: PHYSICAL EDUCATION

Schools should provide all students in kindergarten through grade twelve (K-12) the opportunity, support, and encouragement to be physically active on a regular basis through physical education instruction and physical activity programs.

Physical Education

Physical education is a planned sequential program of curricula and instruction

In order to help students develop the skills, and confidence necessary for an active lifestyle.

- All students (including students with disabilities and/or special health-care needs and those in alternative educational settings) will receive physical education instruction as designated. (*CA Education Code 51210, 51222, and 51223*):
 - A minimum of 400 minutes for every 10 school days.
- Temporary exemptions from physical education should be limited to students whose medical conditions do not allow for inclusion in the general, modified, or adapted physical education program. (*EC Section 51241*)
- Instruction in physical education should be based on the physical education content standards and should include the following:
 1. Full inclusion of all students
 2. At least 50 percent of instructional time spent in moderate-to-vigorous physical activity
 3. Maximum participation and ample practice opportunities for class activities
 4. Well-designed lessons that facilitate student learning
 5. Homework assignments that support learning and the practice of learned skills
 6. Appropriate discipline and class management
 7. Instruction in a variety of motor skills designed to enhance the physical, mental, and social/emotional development of every child
 8. Fitness education and assessment to help students understand, improve, and/or maintain their physical well-being
 9. Development of cognitive concepts about motor skill and fitness
- High school physical education course content will include each of the following areas:
 1. Effects of physical activity on dynamic health;
 2. Mechanics of body movement;
 3. Aquatics;
 4. Gymnastics and tumbling;
 5. Individual and dual sports;
 6. Rhythm and dance;
 7. Team sports;
 8. Combatives.

(California Code of Regulations, Title 5, Section 10060)
- Class size is consistent with the requirements of good instruction and safety. (*CCR, Title 5, Section 10060*)
- School districts will administer a physical fitness test annually to all students in grades five, seven and nine during the months of February, March, April, or May. (*EC Section 60800*)
- Students will receive their individual fitness test results upon completing the test. The test results may be provided orally as the pupil completes the testing. (*EC Section 60800*)

- In addition to the required physical fitness test, assessment of student learning and accurate reporting of progress will be an ongoing process in physical education.

GOALS

The CDE's 2004 *Physical Education Model Content Standards for California Public Schools: Kindergarten Through Grade Twelve* outlines the essential skills and knowledge that all students need for maintaining a physically active lifestyle.

The three overarching standards (9-12) state that students should:

- Demonstrate knowledge and competency in motor skills, movement patterns and strategies needed to perform a variety of physical activities.
- Achieve a level of physical fitness for health and performance while demonstrating knowledge of fitness concepts, principles, and strategies.
- Demonstrate knowledge of psychological and sociological concepts, principles, and strategies as they apply to learning and performance of physical activity.
- A teacher credentialed to teach physical education delivers physical education instruction.
- The state fitness test results for grade 9 will be analyzed annually, and goals will be established.
- Student involvement in other activities involving physical activity (e.g., interscholastic or intramural sports, marching band, drill team, etc.) will not be substituted for meeting the physical education requirement.
- Teachers assigned to deliver physical education instruction should receive on an annual basis focused, on-going professional development related to curriculum, instruction, and assessment in physical education.
- Teachers and other school and community personnel will not use physical education or physical activity as punishment and will work together to establish appropriate guidelines.
- The District will provide sufficient on-site storage to house physical education equipment and materials.
- The District will establish a Physical Education Committee that will consist of at least one district administrator and at least six physical education teachers from various high school sites. This committee shall work with the District to:
 1. identify basic equipment and instructional needs to effectively deliver the physical education curriculum;
 2. research sources of funding and grants to support the physical education curriculum needs;
 3. reduce class size;
 4. schedule the fitness tests at times that work best for the schools, students, and the physical education staff.

(cf. BP 6142.7 - Physical Education)

(cf. BP 6145 - Extracurricular and Co curricular Activities)

(cf. BP 6145.2 - Athletic Competition)

(cf. BP 4131- Staff Development)

(cf. BP 4331- Staff Development)

Physical Activity

Rationale:

Sedentary living patterns and unhealthy dietary habits are becoming more prevalent in our society, and there is strong and consistent evidence that doing regular, moderate-intensity physical activity provides a range of physical, intellectual, and emotional benefits for everyone.

Purpose:

To give clear direction for teachers and administrators to consistently provide quality physical activity experiences for students. The policy addresses physical education, sports, and other physical activity and is designed to be implemented in the classroom, physical education facilities, and other extracurricular physical activities.

GOALS:

By participating in physical activity before, during, and after school, students can gain a range of physical, social, emotional, and intellectual benefits. Physical activity opportunities can be provided through health and physical education activities, sport, recreation, and games.

- To provide students the best possible physical activity experiences regardless of race, culture, linguistic proficiency, socio-economic status, disability, ability, or location so as to encourage a lifelong healthy lifestyle pattern.
- To provide a supportive environment for enjoyable participation in a wide variety of physical activities, through the development of skills, appropriate behavior, and self-esteem.
- To provide the safest possible environment for all participants.
- To provide for the equitable allocation of appropriate resources and facilities.
- To provide equitable opportunities for all students to participate.
- To develop and apply skills in a cooperative manner using appropriate levels of experiences and/or competition as required.
- To provide a participation pathway for talented and gifted students to reach their potential.
- To encourage life-long participation in community sports and physically active recreation.
- To encourage participation of the whole school community in supporting physically active experiences.

Scope:

This applies to all students attending East Side Union High School District, regardless of race, age, ability, or location and to all members of the East Side Union High School District community (teachers, coaches, administrators, parents, guardians, volunteers, community members).

Roles and Responsibilities:

Coaches, teachers, staff, parents, students, and community members play a major role in providing physical activity opportunities that enhance student's ability to understand the value of physical activity to lifelong health and well-being; modeling the principles of an active lifestyle and good sportsmanship; and encouraging all students to adhere to their lifelong fitness plans.

The following responsibilities encompass areas such as participation, competition, safety, community linkages, communication with parents/guardians, costs, equipment, and behavior.

• ***Participation:***

Coaches, teachers, and all other members of the school community involved in the school physical activity program need to:

- Encourage enjoyment
- Accommodate varying levels of ability by providing every student with an appropriate learning opportunity
- Provide equal encouragement to all students to motivate them to acquire skills and develop confidence
- Create equal access to program opportunities for all students
- Prepare and facilitate physical education lessons based on the California Physical Education Standards and associated instructional strategies
- Set realistic standards and objectives for students
- Ensure a safe and productive environment
- Encourage students to participate in games before, during, and after school
- Serve as a good role model of appropriate behavior for all physical activities
- Coaches, teachers, and all other community members taking on coaching responsibilities are required to be certified through the American Sport Education Program

• ***Competition***

- In East Side Union High School District, provisions are made for a healthy level of competition for all participants.
- Competition is ongoing 12-months a year and occurs at the intra-school and inter-school levels as well as on a less formal, social basis.
- Participation will be valued above winning or losing.

• ***Links with Community Organizations***

- Coaches, teachers, and all other community members will be encouraged to share best practices and research validated information with community organizations.
- All stakeholders will support the teacher education program at local colleges/Universities
- Coaches, teachers, and all other community members will be encouraged to integrate physical activity programs with those of local community and recreation organizations.
- Coaches, teachers, and all other community members will be encouraged to incorporate health, nutrition, and wellness information from community-based organizations into their physical activities.

• ***Safety***

- A safe and healthy environment for all stakeholders is essential.
- All coaches, teachers, students, parents/guardians, staff, and community members must abide by all District Policies concerning medical requirements, emergency procedures, supervision and control, and safety procedures.
- All coaches, administrators, teachers, and members of the community involved in the school activity program need to:

- Understand the short and long-term medical conditions and limitations of students.
- Ensure that the equipment and facilities are safe and in good working order.
- Enforce the use of recommended protective equipment required for a particular game or sport.
- Provide access to appropriate first aid facilities and equipment.
- Take into consideration psychological and physiological factors such as: training techniques and exercise programs, body temperature regulation, fluid intake, heart rate, stress, and nutrition.

• ***Communication with Parents/Guardians***

- Coaches, teachers, and all other members of the community involved in physical activities need to:
 - Inform parents/guardians of their child’s involvement with the physical activity and give them information about the program, which includes: names and contact details of all teachers/coaches involved; and days, times, and dates of all practices competition games, and recreational activities that involve their child.
 - Provide parents/guardians with their child’s *Fitnessgram* results.

• ***Costs***

- All stakeholders need to keep any costs relating to uniforms, travel, accommodations and/or other levies to a minimum and provide for those in genuine need.
- Adopt cost-sharing practices whenever possible to ensure equitable opportunities for all students to participate in all school-related activities.

• ***Behavior***

- All stakeholders need to ensure that students are aware that their behavior is expected to be consistent with all District Policies, Blossom Valley Athletic League (BVAL) Policies, Central Coast Section (CCS) Policies, and California State Law before, during, and after any sporting event or recreational activity.
- The District will provide a Parent/Student handbook that delineates all behavioral expectations to all students and parents, and the BVAL and CCS Policies are located on their respective websites.

• ***Spectators***

- All spectators need to be aware that their behavior is expected to be consistent with all District Policies, Blossom Valley Athletic League Policies, Central Coast Section Policies, and California State Law before, during, and after any sporting event or recreational activity.
- The District’s acceptable behavioral policies are posted on the District website and are available to all stakeholders upon request, and the BVAL and CCS Policies are located on their respective websites.

• ***Equipment***

- Coaches, teachers, and all other members of the community involved in physical activities need to ensure that all equipment used is appropriate for the activity and is safe to use.
- Participants who fail to use equipment for its correct purposes are subject to losing their privilege to use it at all.

Physical activity can occur in a variety of ways at school. Activity may be formal or informal, part of the school curriculum, or extra-curricular.

COMPONENT THREE: HEALTH SERVICES

All students currently have daily access to a Health Technician at their school site (12 staff members) that are directly supervised by two (2) fully credentialed Registered Nurses. All of the health staff has CPR and first aide training.

All students receive the required health screenings as mandated by California Education Code.

GOAL

Increase the amount of information provided to the district staff concerning the health policies, emergency medical policies, and community resources in the health field, which are available to all of our students.

COMPONENT FOUR: NUTRITION SERVICES

ESUHSD provides nutrition guidelines for all foods available on each school campus under the local education agency during the school day with the objectives of promoting student health and reducing childhood obesity.

ESUHSD provides an assurance that guidelines for reimbursable school meals shall not be less restrictive than regulations and guidance issued by the Secretary of Agriculture pursuant to the Child Nutrition Act and the National School Lunch Act as those regulations and guidance apply to schools.

Food Service/Child Nutrition Program

Meals offered by the district's Child Nutrition Services program shall meet all legal requirements for participation in the National School Lunch Program

Food Service Operations / Cafeteria Fund

The district's Child Nutrition Services program shall be a self-supporting, non-profit program. The Board shall review and approve meal prices. The Superintendent or designee shall establish a cafeteria fund independent of the district's fund.

Free and Reduced Price Meals

In accordance with law, the district shall provide free and reduced price meals for students whose families meet federal eligibility criteria.

Other Food Sales

No competitive sales shall occur during the breakfast and lunch periods.

(cf. BP 3550 – Food Service/Child Nutrition Program)

(cf. BP 3551 – Food Service Operations / Cafeteria Fund)

(cf. BP 3553 – Free and Reduced Price Meals)

(cf. BP 3554 – Other Food Sales)

COMPONENT FIVE: PSYCHOLOGICAL AND COUNSELING SERVICES

Students will have access to credentialed school counselors and psychologists who provide students with support and assistance in making healthy decisions, managing emotions, and coping with crises.

Students and parents/guardians will be informed of and will have access to psychological and counseling services provided on and off campus by community agencies and organizations.

(cf. BP 5141.4 Child Abuse Reporting Procedure)

(cf. Penal Code 11166 Suspected Child Abuse Report)

COMPONENT SIX: A SAFE AND HEALTHY SCHOOL ENVIRONMENT

ESUHSD will provide a safe indoor and outdoor physical plant and a healthy, supportive environment for learning. This includes schools free of alcohol and other drugs, tobacco, steroids, and dangerous weapons.

Goals for a safe and healthy school environment include:

- Classroom furniture which is appropriate for the size and the number of students in each classroom;
- A physical environment which allows for sufficient space for all the students in the classroom;
- Classrooms that promote positive interactions between student-to-student and student-to-staff;
- Means for students and families to communicate family and personal situations that could affect learning and a child's well-being;
- Classrooms and schools that promote tolerance and respect for diversity;
- Meal periods that are scheduled at appropriate times and are long enough for students to eat and socialize;
- Sufficient serving areas in order to minimize student wait time;
- Eating areas that are clean, have enough space for seating, and are protected from the elements (sun, rain, wind, etc.);
- Graffiti-free campuses;
- Hand washing equipment and supplies available for students and staff;
- Drinking fountains that are available, clean and operational for students and staff;
- Identification of safe routes to school;
- Every school will have a School Safety Committee and a School Safety Plan;
- The district will have a District Safety Committee and a District Safety Plan;

(cf. Williams Act)

(cf. School Safety Plan)

(cf. SB 187 – Safety Plans)

(cf. BP 5131 Conduct)

(cf. BP 5137 Positive School Climate)

(cf. BP 5131.5 Vandalism, Theft and Graffiti)

(cf. BP 5142 Safety)

(cf. BP 0450 Comprehensive Safety Plan)

COMPONENT SEVEN: HEALTH PROMOTION FOR STAFF

ESUHSD highly values the health and well being of every staff member. Staff wellness programs should support employees' efforts to improve their personal health and fitness so they can serve as role models and promote the health of others, including students.

GOALS:

- ESUHSD strongly encourages staff to adhere to the nutrition standards described above for their well-being and for the purpose of serving as role models for their students.
- Create a sub-committee from the Coordinated School Health Council to develop and oversee staff wellness.

COMPONENT EIGHT: FAMILY AND COMMUNITY INVOLVEMENT

ESUHSD will support parents' efforts to provide a healthy lifestyle for their children. In order to accomplish this, the Superintendent or designee may disseminate health information to parents/guardians through district or school newsletters, handouts, parent/guardian meetings, the district or school web site, and other communications. The communication will include, but not be limited to, the preparing of healthy meals and snacks, lists of healthy foods that meet the district's nutrition standards, and ideas for healthy celebrations and fundraising activities. ESUHSD will also provide information about physical education and school-based and community-based physical activity opportunities.

GOALS:

- Outreach to parents/guardians shall emphasize the relationship between student health and academic performance and the importance of supporting the goals of the Wellness Policy at home and at school.
- Outreach to parents/guardians shall provide information about community organizations that provide physical activity opportunities, food and other support to families.
- ESUHSD will develop partnerships among schools, parents and community groups to maximize resources and expertise in supporting the health of young people.
- Create a sub-committee from the Coordinated School Health Council to develop and oversee family and community involvement.

(cf. BP 1113 - District and School Web Sites)

(cf. BP 6020 - Parent Involvement)

LOCAL SCHOOL WELLNESS POLICY IMPLEMENTATION

The district Superintendent or designee shall ensure district wide and individual school compliance with the adopted Local School Wellness Policy.

The following administrative staff shall be charged with the responsibility of ensuring that the school sites implement the adopted local wellness policy:

Assistant Superintendent of Business Services (Child Nutrition Services)

Assistant Superintendent of Instruction and Curriculum (Nutrition Education)
Assistant Superintendent of Student Services (Health Services, Facilities & Safety)
Assistant Superintendent of Operations (Physical Activity and School Based Activities)

The Superintendent or designee shall appoint Coordinated School Health Council to assist in the implementation of the Local School Wellness Policy. Such a council will assist with policy development and implementation as needed and advise the district on health-related issues, activities, policies, and programs. This council shall be composed of representatives of the eight components of coordinated health as described above, including but not limited to, parents/guardians, School Nutrition Services professionals, school administrators, members of the school board, school nurses, health and physical educators, other teachers, health professionals, school counselors, school psychologists, counselors, and/or other community members interested in school health issues.

The Coordinated School Health Council will report to administration and the School Board on an annual basis the results of the Local School Wellness Policy implementation. The measurement may be based on, but not limited to, the following indicators:

- Average Daily Attendance (ADA)
- Number of visits to the School Nurse or Health Technician
- Entry and exit annual Fitnessgram scores, including Body Mass Index (BMI) score for students in grade 9
- Academic Performance Index (API) scores
- California Healthy Kids Survey data (exercise and eating practices, BMI)
- Increased participation in reimbursable school meals (National School Lunch Program/School Breakfast Program)
- Changes in sales revenue from:
 - Vending machines
 - School Stores
 - Ala Carte sales
 - Fundraising events
- Change in types of foods offered from:
 - Vending machines
 - School Stores
 - Ala Carte sales
 - Fundraising events
- Changes in type of items sold for fundraising events (non-food items or healthier food/beverages)
- Who was impacted by any changes in sales revenue? Where alternative sources of revenue identified?
- Number of Physical Education classes provided
- Complete the School Health Index in one third of the high schools every year alternating schools so all school are surveyed in a three year period.

The Local School Wellness Policy will be reviewed and updated on an annual basis.

(cf. BP 1220 - Citizen Advisory Committees)

(cf. BP 9140 - Board Representatives)

(cf. BP 0500 - Accountability)

Legal Reference:

EDUCATION CODE

49430-49436 Pupil Nutrition, Health, and Achievement Act of 2001

49490-49493 School breakfast and lunch programs

49500-49505 School meals

49510-49520 Nutrition

49530-49536 Child Nutrition Act

49540-49546 Child care food program

49547-49548.3 Comprehensive nutrition services

49550-49560 Meals for needy students

49565-49565.8 California Fresh Start pilot program

49570 National School Lunch Act

51222 Physical education

51223 Physical education, elementary schools

CODE OF REGULATIONS, TITLE 5

15500-15501 Food sales by student organizations

15510 Mandatory meals for needy students

15530-15535 Nutrition education

15550-15565 School lunch and breakfast programs

UNITED STATES CODE, TITLE 42

1751-1769 National School Lunch Program, especially:

1751 Note Local wellness policy

1771-1791 Child Nutrition Act, including:

1773 School Breakfast Program

1779 Rules and regulations, Child Nutrition Act

CODE OF FEDERAL REGULATIONS, TITLE 7

210.1-210.31 National School Lunch Program

220.1-220.21 National School Breakfast Program

Management Resources:

CSBA POLICY BRIEFS

The New Nutrition Standards: Implications for Student Wellness Policies, November 2005

CSBA PUBLICATIONS

Student Wellness: A Healthy Food and Physical Activity Policy Resource Guide, rev. 2005

CALIFORNIA DEPARTMENT OF EDUCATION PUBLICATIONS

Healthy Children Ready to Learn, January 2005

Health Framework for California Public Schools, Kindergarten Through Grade Twelve, 2003

Physical Education Framework for California Public Schools, Kindergarten Through Grade 12, 1994

CENTERS FOR DISEASE CONTROL PUBLICATIONS

School Health Index for Physical Activity and Healthy Eating: A Self-Assessment and Planning Guide for Elementary and Middle/High Schools, 2004

NATIONAL ASSOCIATION OF STATE BOARDS OF EDUCATION (NASBE)

PUBLICATIONS

Fit, Healthy and Ready to Learn, 2000

U.S. DEPARTMENT OF AGRICULTURE PUBLICATIONS

Dietary Guidelines for Americans, 2005

Team Nutrition, Food and Nutrition Services, Changing the Scene, Improving the School

Nutrition Environment: A Guide to Local Action, 2000

WEB SITES

CSBA: <http://www.csba.org>

California Department of Education, Nutrition Services Division: <http://www.cde.ca.gov/ls/nu>

California Department of Health Services: <http://www.dhs.ca.gov>

California Healthy Kids Resource Center: <http://www.californiahealthykids.org>

California Project LEAN (Leaders Encouraging Activity and Nutrition):

<http://www.californiaprojectlean.org>

Centers for Disease Control and Prevention (CDC): <http://www.cdc.gov>

Dairy Council of California: <http://www.dairycouncilofca.org>

National Alliance for Nutrition and Activity: <http://www.cspinet.org/nutritionpolicy/nana.html>

National Association of State Boards of Education: <http://www.nasbe.org>

National School Boards Association: <http://www.nsba.org>

School Nutrition Association: <http://www.schoolnutrition.org>

Society for Nutrition Education: <http://www.sne.org>

U.S. Department of Agriculture: http://www.fns.usda.gov/tn/Healthy/wellnesspolicy_steps.html

Eastside Union High School District

AMENDED
AR 5030
Students

Local School Wellness Policy Implementation Plan

- The Coordinated School Health Council will assist with policy implementation and updates as needed
- The school board should be involved in establishing the goals for the Student Wellness Policy, success indicators, reporting methodology, and frequency of reporting to the board
- The district superintendent or designee should recommend for school board approval specific quality indicators used to measure the implementation of the policy (e.g., nutrient analysis of school meals, school meal participation rates, sales of non-nutritious foods/beverages from fund-raisers and other venues, feedback from school/district personnel, administrators, parents, students, and other appropriate persons)
- Once the success indicators for the Local School Wellness Policy are established, the board will determine which of those indicators will be included in the District overall plan
- The district superintendent or designee should report annually on Local School Wellness Policy compliance to the school board
- The district superintendent or designee will inform all stakeholders of the findings related to the Local School Wellness Policy compliance
- At least four schools per year should conduct a baseline assessment of nutrition and physical activity programs and policies, which is compiled at the district level and used to set priorities and assess implementation
- The California Healthy Kids Survey, a state-based assessment, is administered bi-annually
- As necessary, the Local School Wellness Policy should be revised to address changes in state and federal law as well as areas in need of improvement
- The primary function of Physical Activity facilities is to provide a classroom for the Physical Education Instruction Program. During the school day priority access to these facilities will be given to the Physical Education Instruction Program. **All rallies and assemblies scheduled in a primary physical education instruction facility must be scheduled in cooperation with the Physical Education Department and the Principals prior to the beginning of the school year. Assemblies, dances, athletic events and all similarly related events will have access to these facilities secondary to the Physical Education Instruction Program.** Facilities utilized for secondary events shall **not** be taken off line for decoration or set up purposes during the school day **only the period prior to the scheduled activity.** ~~and~~ The facilities are to be returned to their normal state immediately following the event. The only exception to this access requirement is for CAHSEE and Advanced Placement testing, which will have the same priority to these facilities as the Physical Education Instruction Program.
- ~~By August 2007 EUSHSD will offer a Health course to students at any grade level in at least 50% of the schools.~~

- EUSHSD students that are exempted from required attendance in physical education for two year any time during grades 10-12 are offered a variety of elective physical education courses, each with a minimum of 400 instructional minutes every 10 school days.

Eastside Union High School District

**AMENDED
BP 3550
Business and Non-
Instructional Operations**

Food Service/Child Nutrition Program - BP 3550

Child Nutrition Services recognizes that students need adequate, nourishing food in order to grow, learn and maintain good health. To reinforce the district's nutrition education program, foods available on school premises shall be:

1. Carefully selected so as to contribute to students' nutritional well being and the prevention of disease
2. Prepared in ways, which will appeal to students, retain nutritive quality and foster healthful eating habits
3. Served in age-appropriate quantities and at reasonable prices

(cf. 3551 - Food Service Operations/Cafeteria Fund)

(cf. 3553 - Free and Reduced Price Meals)

(cf. 3554 - Other Food Sales)

(cf. 5141.32 - Child Health and Disability Prevention Program)

(cf. 6142.8 - Comprehensive Health Education)

The East Side Union High School District Child Nutrition Departments Chief Administrative Officer or designee shall ensure that the meals offered by the district's food service program meet all legal requirements for participation in the National School Lunch and School Breakfast Programs.

The East Side Union High School District Child Nutrition Departments Chief Administrative Officer or designee shall develop strategies designed to encourage the participation of students and parents/guardians in the selection of foods of good nutritional quality. Parents/guardians are required to follow the district's nutrition education efforts and food safety standards by selecting nutritious snacks that have been prepared in a Health Department certified facility for all class parties and/or activities.

To the extent permitted under the National School Lunch and School Breakfast Programs, students in all grades shall be allowed to decline a certain number of meal items which they do not intend to consume, while still allowing the meal to qualify for reimbursement under the National School Lunch and School Breakfast Programs pursuant to 7CFR210.10 and 220.8.

Legal Reference:

CALIFORNIA EDUCATION CODE

38080-38103 Cafeterias - establishment and use
49490-49492 School breakfast and lunch programs
49500-49505 School meals
49510-49520 Nutrition
49530-49536 Child Nutrition Act
49540-49546 Child care food program
49547-49548.3 Comprehensive nutrition services
49550-49560 Meals for needy students
49570 National School Lunch Act

CODE OF FEDERAL REGULATIONS, TITLE 5

15500-15501 Food sales by student organizations
15510 Mandatory meals for needy students
15530-15535 Nutrition education
15550-15565 School lunch and breakfast programs

CODE OF FEDERAL REGULATIONS, TITLE 7

210.1-210.31 National School Lunch Program
220.1-220.21 National School Breakfast Program

Management Resources:

WEB SITES

CDE, Nutrition Services Division: www.cde.ca.gov/nsd/
California Project LEAN: www.californiaprojectlean.org
U.S. Department of Agriculture; Child Nutrition Programs: www.fns.usda.gov/cnd/
California School Board Association (CSBA): www.csba.org
School Nutrition Association: www.schoolnutrition.org
Find Law for Legal Professionals: www.findlaw.com

(6/85 6/96) (3/01) 2/12/03, 03/20/03

Eastside Union High School District

AMENDED
AR 3550
**Business and Non-
Instructional Operations**

Food Service / Child Nutrition Program - AR 3550

The East Side Union High School District Assistant Superintendent of Business Services or designee shall ensure that all meal selections offered by the District's Child Nutrition Services Program shall include vegetarian, ethnic and a variety of food selections.

Menu items for student food services will have nutritional analysis available to ensure all meals served are of highest nutritional quality from the Child Nutrition Services.

Food Sales – The following foods may be sold to students:

- Snacks, except food served as part of the USDA meal program, shall meet all of the following standards:
 - Not more than 35% of its total calories shall be from fat. Nuts, nut butters, seeds, eggs, cheese packaged for individual sale, fruits, vegetables that have not been deep fried, or legumes, exempt.
 - Not more than 10% of its total calories shall be from saturated fat. Eggs or cheese packaged for individual sale, exempt.
 - Not more than 35% of its total weight shall be composed of sugar, including naturally occurring and added sugar. Fruits or vegetables that have not been deep-fried, exempt.
 - Not more than 250 calories per individual food item.
 - Updated snack standards effective July 1, 2006
- Entrée items, except food served as part of a USDA meal program, shall:
 - Contain no more than 400 calories per entrée.
 - Contain no more than 4 grams of fat per 100 calories contained in each entrée, and shall be categorized as entrée items in the School Breakfast or National School Lunch Programs.
 - Updated Entrée standards effective July 1, 2007
- Non-compliant foods may be sold provided:
 - The sale of those items takes place off of and away from school premises, or
 - The sale of those items takes place on school premises at least one hour after the end of the school day, or
 - The sale of those items occurs during a school-sponsored pupil activity after the end of the school day.

Beverage Sales – The following beverages may be sold to students:

- From one hour before the start of the school day to one hour after the end of the school day:
 - Fruit-based drinks that are composed of no less than 50% fruit juice and have no added sweetener.

- Vegetable-based drinks that are composed of no less than 50% vegetable juice and have no added sweetener.
- Drinking water with no added sweetener.
- Two-percent-fat milk, one-percent-fat milk, nonfat milk, soymilk, rice milk, and other similar nondairy milk.
- An electrolyte replacement beverage that contains no more than 42 grams of added sweetener per 20-ounce serving.
- Non-compliant beverages may be sold as part of a school event provided:
 - The sale occurs during a school-sponsored event and takes place at the location of that event at least one hour after the end of the school day, and
 - Vending machines, student stores, and cafeterias selling non-compliant beverages are used later than one hour after the end of the school day.
- Non-compliant beverages may be sold not later than one hour before the start of the school day and not sooner than one hour after the end of the school day.
- Updated beverage standards effective July 1, 2006.

Food and beverage selections offered through vending programs shall consist of water with no added sweetener, no less than 50% fruit juice (with no added sweetener), electrolyte replacement beverage that contains no more than 42 grams of added sweetener per 20oz serving and healthy snack alternatives. All vending selections will meet local, state and federal requirements. Water, fruit juice, sports beverage and healthy snack alternatives shall comprise 100% of the total vending selections.

Develop and implement a marketing and merchandising strategy that encourages student participation in meal programs and promotes healthy behaviors, while discouraging advertising of unhealthy foods and beverages. Daily menu offerings will be made available on the daily bulletin. Pricing strategies will be developed and implemented to encourage healthy choices.

Menus and ala carte items will be displayed and available at each school cafeteria location.

The Child Nutrition Department shall conduct annual district staff and student surveys to assess customer preferences.

The Child Nutrition Services will periodically assess the District's Food Service and Distribution procedures, and shall make recommendations to the district administration for improving facilities and procedures to meet the requirements of this policy.

ESUHSD is a closed campus.

2/12/03, 03/20/03, 03/20/03

Eastside Union High School District

AMENDED
BP 3551
Business and Non-
Instructional Operations

Food Service Operations/Cafeteria Fund - BP 3551

Child Nutrition Services intends that, insofar as possible, school food services shall be a self-supporting, nonprofit program. Upon recommendation of the Superintendent or designee, the Board shall review and approve meal prices. Program financial reports shall be presented regularly to the Board.

Meals may be offered to employees and Board members as a matter of convenience. Since these meals may include federally donated food commodities, their price shall be set in accordance with state and federal guidelines.

Meals may be served to adults other than employees and Board members who are on campus during meal times for a legitimate purpose, such as serving as a classroom volunteer. Since these meals may include federally donated food commodities, their price shall be set in accordance with state and federal guidelines.

Meals may be catered for special events in accordance to all state and federal requirements pertaining to food safety, pricing, food usage and preparation.

Cafeteria Fund

The Superintendent or designee shall establish a cafeteria fund independent of the district's general fund.

The wages, salaries and benefits of the food service employees shall be paid from the cafeteria fund (Ed Code 38103)

To increase cost effectiveness, the Eastside Union High School District Child Nutrition Department Chief Administrative Officer or designee shall centralize and direct the purchasing of food and supplies, the planning of menus, and the auditing of all food service accounts for the district.

(cf. 3550 - Food Service/Child Nutrition Program)

(cf. 3553 - Free and Reduced Price Meals)

Contracts with Outside Providers

No fast food franchise will be allowed to contract with a school to operate a franchise offering food items for sale to students or staff.

Legal Reference:

CALIFORNIA EDUCATION CODE

38090-38095 Cafeterias, funds and accounts
38100-38103 Cafeterias, allocation of charges
42646 Alternate payroll procedure
49490-49493 School breakfast and lunch programs
49500-49505 School meals

CODE OF FEDERAL REGULATIONS, TITLE 7

210.1-210.31 National School Lunch Program
220.1-220.21 National School Breakfast Program

Management Resources:

CDE MANAGEMENT ADVISORIES

701.0 Adult and Sibling Meals in the National School Lunch and School Breakfast Programs,
No. 00-111

WEB SITES

CDE, Nutrition Services Division: www.cde.ca.gov/nsd/
U.S. Department of Agriculture; Child Nutrition Programs: www.fns.usda.gov/cnd/
California School Board Association (CSBA): www.csba.org
School Nutrition Association: www.schoolnutrition.org
Find Law for Legal Professionals: www.findlaw.com

(6/88 6/96) (3/01) 2/12/03, 03/20/03

Eastside Union High School District

**AMENDED
AR 3551
Business and Non-
Instructional Operations**

Food Service Operations/Cafeteria Fund - AR 3551

All proceeds from food sales and other services offered by the cafeteria shall be deposited in the cafeteria fund as provided by law. The income and expenditures of any cafeteria revolving account established by the Governing Board shall be recorded as income and expenditures of the cafeteria fund. (Education Code 38090, 38091, 38092)

The cafeteria fund shall be used only for Board-authorized expenditures necessary for the operation of school cafeterias as defined in the California School Accounting Manual or appropriately reported to the California Department of Education. (Education Code 38091, 38101)

These expenditures may include, but are not limited to, expenditures for the following:
(Education Code 38091)

1. Lease, purchase or installation of additional cafeteria equipment of the central food processing plant
2. Vending machines and their installation and housing
3. Computer equipment and related software
4. Lease or purchase of vehicles used primarily in connection with the central food processing plant

Any charges to, or transfers from, a food service program shall be dated and accompanied by a written explanation of the expenditure's purpose and basis. (Education Code 38101)

Any funds derived from the sale of cafeteria food and deposited in a Board-established cafeteria equipment reserve shall be used only for the purchase, lease, maintenance or replacement of cafeteria equipment. (Education Code 38102)

Cafeteria Fund

The Superintendent or designee shall establish a cafeteria fund independent of the district's general fund.

The wages, salaries and benefits of the food service employees shall be paid from the cafeteria fund (Ed Code 38103)

Students will be permitted to apply for part time Student Worker positions for normal scheduled school meal times. Part Time Student Worker wages will be paid from the established Cafeteria Fund. Part time Student Workers who are scheduled to work are permitted to receive a reimbursable meal at no cost to them, in addition to receiving a wage. Student Worker Applications are available at each School Cafeteria and Child Nutrition Services. All Student Workers are required to complete ESUHSD employee hiring requirements.

(cf. 4112.4/4212.4/4312.4 - Health Examinations)

(6/96) 2/12/03, 03/20/03

Eastside Union High School District

**AMENDED
BP 3553
Business and Non-
Instructional Operations**

Free And Reduced Price Meals - BP 3553

Child Nutrition Services recognizes that adequate nutrition is essential to child development and learning and that some families may be unable to provide breakfast and lunch for their children. In accordance with law, the district shall provide free and reduced price meals for students whose families meet federal eligibility criteria.

The Superintendent or designee shall recommend for Board approval a plan, which ensures that eligible students are not treated differently from other students or easily identified by their peers.

The Board authorizes designated employees to use individual records pertaining to student eligibility for any free and reduced price meal program solely for the purpose of disaggregation of academic achievement data in accordance with federal and state law and regulation.

(cf. 5125 - Student Records)

(cf. 6162.5 - Student Assessment)

(cf. 6171 - Title I Programs)

(cf. 6190 - Evaluation of the Instructional Program)

Legal Reference:

CALIFORNIA EDUCATION CODE

48980 Notice at beginning of term
49490-49493 School breakfast and lunch programs
49500-49505 School meals
49510-49520 Nutrition
49530-49536 Child Nutrition Act of 1974
49547-49548.3 Comprehensive nutrition service
49550-49560 Meals for needy students

CODE OF FEDERAL REGULATIONS, TITLE 5

15510 Mandatory meals for needy students
15530-15535 Nutrition education
15550-15565 School lunch and breakfast programs

UNITED STATES CODE, TITLE 20

1232g Federal Educational Rights and Privacy Act

UNITED STATES CODE, TITLE 42

1751-1769 National lunch programs

1771-1791 Child nutrition

PUBLIC LAW 107-110

1001-1908 Title I programs

Management Resources:

CALIFORNIA DEPARTMENT OF EDUCATION LEGAL ADVISORIES

0325.98 Education Code Section 49558 LO: 1-98

WEB SITES

California Department of Education: <http://www.cde.ca.gov>

U.S. Department of Agriculture; Child Nutrition Programs: www.fns.usda.gov/cnd/

(2/98 6/98) (2/99) 2/12/03, 03/20/03

Eastside Union High School District

**AMENDED
AR 3553
Business and Non-
Instructional Operations**

Free And Reduced Price Meals - AR 3553

The districts plan for students receiving free or reduced price meals shall set forth the following conditions: (Education Code 49557)

1. The names of the students shall not be published, posted or announced in any manner, or used for any other purpose other than the National School Lunch and School Breakfast Programs.
2. There shall be no overt identification of any of the students by the use of special tokens or tickets or by any other means.
3. The students shall not be required to work for their meals or milk.
4. The students shall not be required to use a separate dining area, go through a separate entrance, or consume their meals or milk at a different time.
5. When more than one lunch, breakfast or type of milk is offered, the students shall have the same choice of meals or milk as is available to those students who pay the full price.

This plan shall be submitted to the California Department of Education for approval. (Education Code 49557)

Applications and Records

An application form for free or reduced price meals shall be distributed to all parents/guardians at the beginning of each school year, together with information about eligibility standards, application procedures and appeal procedures. This form and information shall also be provided whenever a new student is enrolled. (Education Code 49520, 48980)

(cf. 5145.6 - Parental Notifications)

Applications for free or reduced price meal programs shall be available to students at all times during the regular school day and shall contain the following statements: (Education Code 49557)

1. Applications for free or reduced price meals may be submitted to Child Nutrition Services or Child Nutrition Services representative any time during a school day.

2. Children participating in the National School Lunch and School Breakfast Programs will not be overtly identified by the use of special tokens, special tickets, special serving lines, separate entrances, separate dining areas, or by any other means.

All applications and records related to eligibility for the free or reduced price meal program shall be confidential. They shall be open to examination only for purposes of this program or for any investigation, prosecution, or criminal or civil proceeding conducted in connection with the administration of any free and reduced price meal program. (Education Code 49558)

The Governing Board designates the following district employees to use individual records pertaining to student participation in the free or reduced price meal program solely for the purpose of desegregation of academic achievement data:

- a) Director of Child Nutrition
- b) Director of Education and Student Assessment
- c) Director of Education and Instructional Technology

In using these records for that purpose, the following conditions shall be satisfied: (Education Code 49558)

1. No individual indicators of participation in the free or reduced price meal program shall be maintained in the permanent records of any students if not otherwise allowed by law.

(cf. 5125 - Student Records)

2. Information regarding individual student participation in the free or reduced price meal program shall not be publicly released.

(cf. 4119.23/4219.23/4319.23 - Unauthorized Release of Confidential/Privileged Information)

3. All other confidentiality provisions required by law shall be met.

General Rules

1. A letter to parents/guardians with an application form will be provided to the parents/guardians of all students in the district. The letter will contain the reduced-price income eligibility guidelines.
2. A public release containing the same information outlined in the parent/guardian letter shall be submitted to the news media.
3. Each returned application will be reviewed to ensure that it is complete. The following information must be provided by the household before an eligibility determination can be made:

- a. Names of all household members.
 - b. Social security number of adult signing the application or an indication that the member does not have a social security number.
 - c. The income received by each member of the household or the household food stamp case number.
 - d. Signature of an adult household member.
 - e. Every reasonable effort should be made to obtain the missing information prior to denying the application.
4. The Director of Child Nutrition or designee will determine eligibility.
 5. There shall be no discrimination in determining eligibility of free or reduced-price meals because of race, religion, handicap, source of family income, or for any other reason.
 6. There shall be no physical segregation of or any other discrimination against any child because of their inability to pay for a meal.
 7. The applicants will receive written notice of eligibility status.
 8. A fair hearing procedure will be established for parents/guardians who wish to appeal the decision of their eligibility.
 9. A designated number of applicants must be verified for confirmation of eligibility for free or reduced-price benefits.
 10. Procedures shall be established to serve meals, to collect payment from students who pay for their meals so that no other student in the school will consciously be made aware of by such procedure of identity of students receiving free or reduced-price meals.
 11. A household may reapply or apply for free or reduced-price lunches any time during the school year if they're financial status changes.

Procedures

1. The Child Nutrition Department in cooperation with each school site administrator will be responsible for the distribution of the application to each student at the beginning of the school year, when a new student enrolls and upon request of a parent/guardian.
2. Applications may be filled out at any time during the school year.
3. When the school administrator has an alternate method of determining the eligibility of the student an application may be filed for approval.

4. The Director of Child Nutrition or designee will review the application to ensure that it is complete, determine the eligibility and notify parents/guardians of the determination.
5. A fair hearing procedure shall be established for parents/guardians' appeals of the districts decisions on applications and for school officials challenges to the correctness of information contained in an application or continued eligibility of any students for free or reduced-price meals. During the appeal and hearing, the student will continue to receive free or reduced-priced meals. A record of all such appeals and challenges and their dispositions shall be retained for three years.
6. A district administrator shall be designated as a hearing officer.
7. Prior to initiating the hearing procedure, the parent/guardian or local school administrator may request a conference to provide an opportunity for the parent/guardian and district official to discuss the situation, present information and obtain an explanation of data submitted in the application and decisions rendered. Such a conference shall not in any way prejudice or diminish the right to a fair hearing.
8. The hearing procedures shall provide the following:
 - a. The request may be made orally or in written form to the hearing official.
 - b. Applicant may be assisted by or represented by an attorney or other person.
 - c. An opportunity to examine, prior to and during the hearing, the documents and reports provided to support the decision under appeal.
 - d. An opportunity to present oral or documentary evidence and arguments supporting its positions.
 - e. Reasonable promptness and convenience in scheduling a hearing and adequate notice as to the time and place of hearing.
 - f. An opportunity to question or refute any testimony or other evidence and to confront and cross-examine any adverse witness.
 - g. That the hearing be conducted and the decision made by a hearing official who did not participate in the decision under appeal.
 - h. The decision of the hearing official is based on the oral and documentary evidence presented at the hearing and made a part of the hearing record.
 - i. That the parties concerned and any designated representative there of be notified in writing of the decision of the hearing official.

- j. That for each hearing a written record is prepared, including the decision, documentary evidence, oral testimony, decision and the reason therefore and a copy of the notification to the parties concerned of the hearing official's decision.
 - k. That such written record be preserved for a period of three years and shall be available for examination by the parties concerned.
9. The written collection procedure will be on file at each school site.
10. The Child Nutrition Department will conduct the necessary verification process.

(6/96 2/98) (6/98) 2/12/03, 03/20/03

Eastside Union High School District

AMENDED
BP 3554
Business and Non-
Instructional Operations

Other Food Sales

The Board of Trustees may permit food sales by student or adult organizations provided that these sales are in compliance with district, state and federal regulations so as to ensure optimum student participation in the Child Nutrition Program. Such food sales shall not impair the Child Nutrition Program's ability to be financially sound.

Sanitation and safety procedures shall comply with the requirements of the California Uniform Retail Food Facilities Law as set forth in Health and Safety Code 27500 et seq.

(cf. 3550 – Food Service/Child Nutrition Program)
(cf. 3551 – Food Service Operations/Cafeteria Fund)
(cf. 3553 – Free and Reduced Price Meals)

No competitive sales shall occur during school hours, and within one hour before or after school hours. All foods offered for sale as competitive sales must meet ALL local, state and federal requirements. Food must not be prepared on school premises. Food must be prepared in a facility inspected and approved by the County Health Department.

When vending machines are sponsored by the district or a student or adult organization, the Superintendent or designee shall determine how and where vending machines may be placed at school sites, district offices or other school facilities.

Food shall not be sold on school premises by outside commercial or private vendors. Events should be catered through Child Nutrition Services Department when possible. The profits from all food sales including vending machines that sell approved food or beverages must benefit either the Child Nutrition Services Program, or the approved school student group sponsoring sales.

All fundraisers involving the sale of food shall be planned in co-operation with a Child Nutrition Service representative and presented to the principal or designee for review of compliance with this policy, local, state and federal law. The principal may establish up to four days during the school year when any approved school student organization may sell any number of food items that comply with local, state and federal regulations. The Child Nutrition Services Director must approve these selected days. All profits from such fundraisers shall benefit the approved school student group sponsoring the sales or the Child Nutrition Services.

All monies received by the above named organizations must be deposited in the school bank and described as food sales income. The amount of food sales income by student groups is subject to audit.

Principals shall be responsible for on-site enforcement of all Board policies regarding food sales.

Legal Reference:

CALIFORNIA EDUCATION CODE

39876 Sale of specified food items

48931 Authorization and sale of food

CODE OF FEDERAL REGULATIONS, TITLE 5

15500 Food sales in elementary schools

15501 Sales in high schools and junior high schools

HEALTH AND SAFETY CODE

27500 California Uniform Retail Food Facilities Law

**NATIONAL SCHOOL LUNCH PROGRAM AND SCHOOL BREAKFAST PROGRAM:
COMPETITIVE FOODS (7 CFR Parts 210.11 and 220)**

2/12/03

Eastside Union High School District

**AMENDED
AR 3554
Business and Non-
Instructional Operations**

Other Food Sales

The sale of foods during meal periods in food service areas shall be allowed only if all income from the sale, including the sale of approved foods or beverages from vending machines, accrues to the benefit of the school, the Child Nutrition Services Program or the student organization(s) sponsoring the sale. (7 CFR 210.11, 220.12)

In order to be eligible to conduct food sales during school hours and within one hour before and one hour after school hours, organizations not under the control of school authorities (e.g., a parent/guardian group or outside group) must be legally organized for charitable and nonpartisan purposes pursuant to Education Code 51520.

Student organizations may sell nutritious food items approved by the Governing Board only if such sales are conducted in compliance with 5 CCR 15500-15501. Items sold during the regular school day must not be food items prepared on school premises or sold in the food service program at school during that day. (5 CCR 15500-15501)

100% of the items sold by any organization on school grounds during the school day and one hour before school hours until one hour after school hours shall meet ALL local, state and federal requirements.

Legal Reference:

EDUCATION CODE

38085 Sale of specified food items
48931 Authorization and sale of food
51520 School premises; prohibited solicitations

CODE OF REGULATIONS, TITLE 5

15500 Food sales in elementary schools
15501 Sales in high schools and junior high schools

HEALTH AND SAFETY CODE

113700-114455 California Uniform Retail Food Facilities Law

UNITED STATES CODE, TITLE 42

1751-1769h National School Lunch Act
1771-1791 Child Nutrition

CODE OF FEDERAL REGULATIONS, TITLE 7

210.1-210.31 National School Lunch Program

220.1-220.21 National School Breakfast Program

Management Resources:

WEB SITES

CDE, Nutrition Services Division: <http://www.cde.ca.gov/nsd/>

California Project L.E.A.N: <http://www.dhs.cahwnet.gov/lean>

U.S. Department of Agriculture; Child Nutrition Programs: [http:// www.fns.usda.gov/cnd/](http://www.fns.usda.gov/cnd/)

(9/90 6/96) (3/01) 2/12/03