

StudentsConcept and Roles in Student PersonnelStudent Wellness

The Governing Board recognizes the link between student health and learning and desires to provide a comprehensive program promoting healthy nutrition and physical activity for district students. The Superintendent or designee shall build a coordinated school health system that supports and reinforces health literacy through health education, physical education, health services, nutrition services, psychological and counseling services, parent education health promotion for staff, and a safe and healthy school environment with parent/guardian and community involvement.

To this extent, and in accordance with the California Health Framework, the Governing Board has established four goals in the area of health and wellness for students in the Evergreen School District. It is our goal that students will develop an acceptance of personal responsibility for lifelong health and understand that the individual has some control over his/her physical and nutritional health and wellness. Students will develop a respect for and promotion of the health of others by understanding that their behavior influences the well-being of their peers. Students will also become knowledgeable of the process of growth and development so that there is an understanding of physical, mental, and social growth and development. Lastly, Evergreen students will develop critical analysis skills to evaluate and make informed decisions about the use of health related information, products, and services.

The Superintendent shall designate at least one person within the district and at each school site who is responsible for ensuring that the school sites meet the goals established in this Board policy.

- (cf. 0000 – Concept and Roles)
- (cf. 0100 – Philosophy)
- (cf. 0200 – Goals for the School District)
- (cf. 1220 – Citizens Advisory Committees)
- (cf. 1321 – Solicitation of Funds From and By Students)
- (cf. 3510 – Operation and Maintenance of Plant)
- (cf. 3324.1 – Contracts)
- (cf. 3542.1 – Purpose and Facilities- Food Service)
- (cf. 3542.25 – Food Service Supervisor)
- (cf. 3542.31 – Free or Reduced Price Lunches)
- (cf. 3552.42 – Finance- Food Service)
- (cf. 3554 – Other Food Sales)
- (cf. 5131.3 – Substance Abuse Policy)
- (cf. 5131.31 – Prenatal Substance Abuse Prevention Education)
- (cf. 5131.4 – Weapons and Dangerous Instruments)
- (cf. 5132 – Drugs, Tobacco, and Alcohol Policy)
- (cf. 5141.1 – Accidents/Illness)
- (cf. 5141.3 – Health Screening and Immunizations)
- (cf. 5141.4 – Child Abuse and Neglect)

StudentsConcept and Roles in Student Personnel (continued)Student Wellness (continued)

- (cf. 5142 – Safety)
- (cf. 6000 – Concept and Roles in Instruction)
- (cf. 6020 – Parent Involvement)
- (cf. 6140 – Curriculum Design)
- (cf. 6142.1 – Sexual Health and HIV/AIDS Prevention Education)
- (cf. 6143 – Curriculum Guides)
- (cf. 6145 – Extracurricular Activities)
- (cf. 6164.1 – Health Services)
- (cf. 6164.11 – Drugs, Tobacco, Alcohol)
- (cf. 6142.7 – Physical Education)
- (cf. 6144 – Staff Development)
- (cf. 6162 – Research/Standardized Testing)
- (cf. 9142 – Reps to Other Agencies or Organizations)

Legal Reference:	Education Code	
	49430-49436	Pupil Nutrition, Health, and Achievement Act of 2001
	49490-49493	School breakfast and lunch programs
	49500-49505	School Meals
	49510-49520	Nutrition
	49530-49536	Child Nutrition Act
	49540-49546	Child care food program
	49547-49548.3	Comprehensive nutrition services
	49550-49560	Meals for needy students
	49570	National School Lunch Act
	51222	Physical education
	51223	Physical education, elementary schools
	Code of Regulations, Title 5	
	15500-15501	Food sales by student organizations
	15510	Mandatory meals for needy students
	15530-15535	Nutrition Education
	15550-15565	School lunch and breakfast programs
	United States Code, Title 42	
	1751-1769	National School Lunch Program, especially:
	1751	Note Local wellness policy
	1771-1791	Child Nutrition Act, including:
	1773	School Breakfast Program
	1779	Rules and regulations, Child Nutrition Act
	Code of Federal Regulations, Title 7	
	210.1-210.31	National School Lunch Program
	220.1-220.21	National School Breakfast Program

Policy Adopted: May 18, 2006